

Triads

What are triads? a triad is a group of 3-4 people (men with men; women with women)

When do they meet? each triad decides how often they will meet – weekly or every two weeks or every month

What do we do?

- read the book **Soul Care** together
- discuss how the chapters apply to your lives
- support and pray for one another

How can I join a triad? Feel free to form your own, or contact Pastor Joshua